



# Your Degree **READINESS** Worksheet

For each statement below, circle where your feelings fall on the scale at the right.  
Tally your points and see where you stand on going back to school.

	Strongly Disagree		Neutral		Strongly Agree
Obtaining an additional degree is an important personal goal for me.	1	2	3	4	5
Obtaining an additional degree is an important professional goal for me.	1	2	3	4	5
My loved ones would be supportive of my plans to further my education.	1	2	3	4	5
I believe having this degree is necessary to move into a role I want.	1	2	3	4	5
With the various financial resources available to me, I could afford to go back to school.	1	2	3	4	5
I am not intimidated by the idea of taking classes online.	1	2	3	4	5
By earning this degree, I can advance the future of nursing.	1	2	3	4	5
My employer would be supportive of my plans to advance my education by allowing me to schedule hours to accommodate class work.	1	2	3	4	5
My employer is strongly encouraging nurses to go back to school for advanced education.	1	2	3	4	5
I have between 12-20 hours (depending on the degree you choose – BSN and MSN average 12-15, DNP averages 20) each week to devote to my coursework and capstone projects.	1	2	3	4	5

Add up the points you've circled in each column:

Add up each column for your total score:



# What **YOUR SCORE** Means

## Points

## What it means

### 10-20

You're open to the idea of continuing your education but perhaps a bit uncertain of the actual benefits an advanced degree could bring your way. Or, maybe you're just unsure about where to begin, or how to juggle the multiple responsibilities of school, life, and work. The first step is to talk with your leadership team: ask what changes or requirements they foresee at your facility and how you could start preparing. The second step is to speak with your family: start discussing your thoughts on going back to school and what implications (both positive and negative) your studies could have for them. The last step is to seek out more information on American Sentinel University's website ([www.americansentinel.edu](http://www.americansentinel.edu)) or contact one of our admission advisors directly at 866.922.5691.

### 21-35

You understand how an advanced degree could benefit the nursing profession and your career, but maybe you need a little more information – or inspiration. Your next step should be to seek out other nurses who are earning, or have earned their degrees; ask them about the challenges and rewards of going back to school. Don't know any nurses to ask about this? No worries, you can turn to an online community, such as [www.NurseTogether.com](http://www.NurseTogether.com), which has forums, articles and experts. Or you can read about nurses who earned their degrees with American Sentinel University at [www.americansentinel.edu/blog/tag/success-stories/](http://www.americansentinel.edu/blog/tag/success-stories/). Next, consider speaking to one of American Sentinel University's admissions advisors. Our advisors are friendly, nurturing and truly concerned about what's best for you. Call 866.922.5691 or email [admissions@americansentinel.edu](mailto:admissions@americansentinel.edu).

### 36-50

You have a clear idea about the benefits of earning an advanced nursing degree and you're ready to jump in! You now need to speak to your employer, your family, and find the school that best suits your needs. In talking to your employer, be sure to ask about what kind of financial support your facility may offer. Then get started by looking at American Sentinel University, a nursing school that provides you the personal support, quality curricula, first-rate faculty, flexibility, and affordability you need. American Sentinel University also boasts friendly advisors who work with you one-on-one from your first call through to graduation and a flexible, online format that helps you manage your studies around your work, family and personal life. Call 866.922.5691 or email [admissions@americansentinel.edu](mailto:admissions@americansentinel.edu) for more information.

## About American Sentinel University

American Sentinel University delivers accredited online degree programs in nursing (BSN, MSN, and DNP) and healthcare management (MBA Healthcare, M.S. Information Systems Management, and M.S. Business Intelligence and Analytics). Its affordable, flexible bachelor's and master's nursing degree programs are accredited by the Commission for the Collegiate Nursing Education (CCNE), of One Dupont Circle, NW Suite 530, Washington, D.C., 20036. The DNP program is accredited by the Accreditation Commission for Education in Nursing (ACEN) of 3343 Peachtree Road NE, Suite 850, Atlanta, Ga., 30326. The University is accredited by the Distance Education Accrediting Commission, DEAC, 1101 17th Street NW, Suite 808, Washington, D.C. 20036, (202) 234-5100, [www.deac.org](http://www.deac.org). Learn more at [www.americansentinel.edu](http://www.americansentinel.edu).

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